

## Expeditions

70% of the earth's surface is water. Join Premier Diving and explore a part of this rich and exciting blue world.

Our expeditions include a large variety of dive locations in the UK and overseas.

From cold water diving under the ice in the Artic, the temperate water around our coast and the clear water of warm climes like the Red Sea, Tobago and Borneo.

The training described earlier is also available as part of an expedition to the Red Sea or Malta.

The pictures below are some of the creatures we have seen on our dive expeditions. The gallery on the web site has more – please have a look.



Making friends in the Farne Islands!

Honeycombe moray eel, Goa



## Dive the Premier way!

All Premier dive activities are friendly and fun. They are suitable for individuals, groups of friends or colleagues, mum, dad and all the children over eight years old.

All our activities benefit from small ratios between dive staff and participants. You can be confident that you will get the help you need to become a capable, safe diver.

Equipment is crucial. Premier buys high quality new equipment every year.

Premier can advise and supply your individual equipment needs as you progress with your diving education.

Non divers are more than welcome to join in the fun – getting wet isn't mandatory! Our land based expeditions have plenty of scope for 'dry' activities, please let us know what you require.

Returning from the Thistlegorm wreck, Red Sea



Tel: 07534 799597/8

[www.premierdiving.co.uk](http://www.premierdiving.co.uk)



Our commitment is to provide a 'premier' service for all your diving needs.

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## Starting to dive

**PADI Discover Scuba:** your first taste of breathing underwater in the safe confines of a local pool.

**PADI Open Water:** learn the core diving skills in the pool then experience your first four open water dives either in the UK or abroad.

**Guided dives:** once you are an Open Water diver, develop your experience by diving with our team of professional dive staff.



The Cesna, Capernray, UK

## Develop your experience

**PADI Advanced Open Water:** extend your underwater experience and knowledge with an Instructor, through five Adventures Dives.

**Emergency First Response (EFR):** a first aid qualification which is a pre-requisite to the Rescue Diver course. Also available to non divers.

**PADI Rescue Diver:** working with other divers, learn how to help others, this course combines EFR and diving skills.

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**PADI Dive Master:** your first step onto the professional diving ladder.



Free descent, Red Sea

## Specialities

Hone your skills in specific areas and begin to develop your dive related knowledge and skills. An extensive range of PADI Specialities is available:

**Wreck:** a four dive course to learn to plan and execute a dive that includes penetrating a wreck!



The Carnatic, Red Sea

**Deep:** a four dive course to qualify you to dive to a maximum depth of 40m.

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**Navigation:** follow the blue fins! Seriously, learn to navigate underwater using a variety of methods.

**Digital Underwater Photographer:** record your diving experiences to share with friends. This course includes post dive reviews of photos with an experienced underwater photographer.



Clown fish, Red Sea

**Enriched Air:** this course explores basic dive science so that you are able to take advantage of different air mixes to safely extend your no decompression limits.



For details of the course schedules in both the UK and overseas visit

[www.premierdiving.co.uk](http://www.premierdiving.co.uk)